



# Bulldog Bulletin



Meyerholz School

Lisa Hickey, Principal  
Victoria Chang, PTA President

## Board of Education

Anjali Kausar  
Ben Liao  
Josephine Lucey  
Gary McCue  
Phyllis Vogel

6990 Melvin Drive, San Jose, CA 95129  
(408) 252-7450  
Fax (408) 446-2597

Cupertino Union School District  
Phil Quon  
Superintendent

<http://www.cupertino.k12.ca.us/meyerholz.www/>

May 5, 2011



10	2:15-3:00	New kindergarten orientation
12	3:30pm	MCAC Meeting
17	2:15-3:15	Volunteer Tea
19	9:50/10:55	Theater of All Possibilities Assembly
	7:00pm	CLIPCO Meeting
26	6:00-7:30pm	Open House/Ice Cream Social
27		<b>Staff Learning Day – No School for Students</b>
30		<b>Memorial Day – No School</b>

## Attendance Matters

### Maintain good attendance at end of the year

You know that being in school is important. But this would be such a great time to take a family trip. And, after all, your child is only in first grade. Surely a few days' absence won't matter, will it?

It will. In fact, research shows that young children don't have to miss much school before their learning suffers. In the early grades, kids are mastering reading and basic math skills. And research has found that these are the skills most affected when children miss school. Being in school consistently is the only way kids can develop a strong foundation on which the rest of their learning will build.

But your child will not be the only one who pays a price. The entire class will be affected. When the teacher has to stop to meet the needs of a child who was out of school, everyone else's learning comes to a halt.

Reprinted with permission from the April 2010 issue of *Parents make the difference!*® (Elementary School Edition) newsletter.

*Volunteer Tea*

*School volunteers are a critical element in the success of our students. In recognition of your time and effort, we invite all members of our community who have volunteered at our school in any capacity to a reception in your honor on Tuesday, May 17th from 2:15 p.m.-3:15 p.m. in the GLC.*

## Thank you to our parent traffic volunteers...

A big thank you goes out to the parents from Rooms 25, 7, 24, and 32, for volunteering to help with traffic duty the past several weeks.

This week, Rooms 10, 3, & 28 were responsible for traffic duty. The google.docs spreadsheet for signing up is available to access from the Meyerholz website. Please look at the upcoming schedule and sign-up online.



- Week of 5/9-5/13- Rooms 2, 12, & 27
- Week of 5/16-5/20- Rooms 13 & 30
- Week of 5/23-5/27- Rooms 29 & 34
- Week of 5/30- 6/3- Rooms 31 & 33
- Week of 6/6-6/7- Rooms 14 & 15

## Open House/Ice Cream Social...

**Thursday, May 26, 2011 6:00-7:30 p.m.**

Come visit our school's classrooms and enjoy some delicious ice cream. We are proud to exhibit the accomplishments of our students during the past, wonderful school year. Open House is a celebration of 2010-2011. Thank you in advance for keeping your child(ren) with you as you visit classrooms. The playground is not open for unsupervised play during Open House. **Please see your child's blue folder for Save the Date Flyer and please sign up to help us distribute ice cream!**



This year's schedule:

- Ice Cream Social, 6:00-6:30 pm
- Classrooms open 6:30-7:30 pm

Please come and join us!



**Moving? Please Let The Office**

**Know....** If you are planning to move over the summer and will not be returning to Meyerholz School, please let the office know as soon as is possible. We are in the process of planning for our enrollment next year, and knowing who will not be returning will help to

make our numbers more accurate. Thank you for your assistance in this matter. **Please fill out and return the Intent to Return form to your child's classroom by Friday, May 20, 2011.**

**MOM WAS RIGHT ABOUT BREAKFAST**

What simple activity can help increase student attention, decrease illness and absenteeism and increase test scores? Eating breakfast! Breakfast consumption reduces the physical symptoms of stomach pain, headache, muscle tension and fatigue, all of which interfere with learning. Making sure that students have breakfast goes a long way toward facilitating their success. Research studies indicate that children who eat breakfast:

- Have improved attention in late-morning task performance
- Retrieve information more quickly and accurately
- Make fewer errors in problem-solving activities
- Concentrate better and perform more complex tasks

What a child eats for breakfast is also important. A meal comprised of protein, fat, starch and sugar will prevent drops in blood sugar for several hours, whereas a breakfast of just starch and sugar will sustain a child for only one to two hours. A drop in blood sugar is associated with a decline in energy and the onset of hunger symptoms. Consequently, a meal that includes foods from several good groups provides the most benefit to the child, both educationally and physically. Simple breakfasts can be prepared quickly and easily:

- Juice and cereal with low-fat milk
- Toast with peanut butter and a piece of fruit
- A fruit smoothie made with yogurt



**FAMILY MATH NIGHT**

Come join the fun with some hands-on math games and activities! This event is **free** of charge and is open to all Meyerholz families.

It is a great way to learn how to help your student with some family math ideas. Please join us,

**Thursday, May 12th from 5:30 to 7:00 for last names A-Li and 7:00-8:30pm for last names Lo-Z in the GLC. We only have space for one parent per family.** See flyer in today's Blue Folder.

**Last Day of School... Tuesday, June 7, 2011**

**8:30-11:50 AM EARLY DISMISSAL FOR ALL STUDENTS.**

**ALL KINDERGARTEN STUDENTS ATTEND SCHOOL FROM 8:30-11:50 PM**

**CLIP CORNER....**



Friday, May 6 is the last day to RSVP for the Spring Banquet

CLIPCO Spring Banquet

Friday, May 20<sup>th</sup>

Dynasty Restaurant

The banquet will include:

A delicious dinner at Dynasty Restaurant,

Entertainment by our very own After School Enrichment Program, DJ and dancing,

A big applause for our graduating 8th grade class, A celebration for our 5th graders leaving Meyerholz

and

A chance for us all to enjoy the successes of our program!

Please join us for this very special end-of-the-year celebration!  
You can find RSVP forms in the school office.

**School Site Council looking for volunteers...** The SSC is asking for volunteers interested in serving on the SSC for the next school year. We have two CLIP parent openings for next year. The SSC is responsible for developing and monitoring the School Plan and School Based Coordinated Program budget. The SSC provides a good way to be involved and give input to our school programs. Our SSC is comprised of an equal number of parents, and staff representatives. The meetings are usually held monthly on Tuesdays at 3:30 pm.

If you are interested in serving on the SSC, please complete the information below and return to school.

**SCHOOL SITE COUNCIL: I am interested in serving on the SSC for the 2011-2012 school years:**

**Name \_\_\_\_\_ Phone # \_\_\_\_\_**