



Bulldog Bulletin



Meyerholz School

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Cupertino Union School District

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<http://www.cupertino.k12.ca.us/meyerholz.www/>

September 30, 2010



6
7
7-15

7:30p
8:45am

PTA meeting
Volunteer Orientation in GLC
Parent Teacher Conferences
Grades 1-5 8:30-1:00 p.m.
All Kindergarten 8:30-11:55

20
22
25

1:30-6:00

Book Fair
Picture Day
Walk-a-thon
Staff Learning Day - No School for Students

Parent Teacher Conferences October 7 – 15

Grades 1-5 8:30-1:00 p.m.

All Kindergarten 8:30-11:55

Lunch

Grades 1-3 12:00-12:30

Grades 4-5 12:15-12:45



Teachers sent home prescheduled appointments last Thursday. Please make every effort to attend your appointment. This is the time parents and teachers develop academic, social and behavioral goals to assure that your child has a successful year.

Please be prompt in picking up your child at dismissal time. Teachers must immediately begin conferences and are not available to assist students who are waiting for late parents. Children may not remain on the school grounds unsupervised while waiting for a parent to arrive for a conference or during the conference. Students may be included in the conferences, if specifically arranged by a teacher with parent(s). We **do not** provide child care.

How to Make the Most of the Parent-Teacher Goal Setting Conference...

Here are some questions to help you prepare for the Parent-Teacher Goal Setting Conferences coming October 7th-15th.

- How is my child's class structured? What is a typical day like?
- Does my child seem happy at school?
- What do you see as my child's special interests and strengths? What can I do at home to help my child develop his/her talents?
- Are there subject areas where my child needs extra help or seems less motivated? How can I assist in those areas?

- Does my child seem challenged by the academic work or does he/she seem to complete it with little effort?
- How does my child react to trying new things? What about his/her reaction to making mistakes?
- How does my child interact with other children and adults? Does he/she seem well accepted among his/her peers? Are there any behavior problems?
- What level of parental involvement is encouraged regarding my child's homework assignments?
- How are my child's creative thinking and problem-solving skills? What do you recommend for development in these areas?
- What appropriate after school opportunities are available for development in these areas?

Walk-a-thon



Walk-a-thon "Walk On The Wild Side" is almost here...

Don't forget to mark Friday, October, 22 from 1:30-6:00pm. on your calendar!

Please return sponsor envelopes by Monday, October 18th.

We look forward to a fun-filled day where we can raise money to support opportunities for all students at Meyerholz. Thank you!

Volunteer Orientation...

Thursday, October 7, 2010 at 8:45 am

This is the last orientation before the Book Fair, Walk-a-thon and classroom parties until January 2011.

The Book Fair is Coming! This year it is being held during Parent Teacher Conference times! Also new this year, parents may drop your school age child off at the book fair while you are in conferences so they can shop and read while they are waiting for you. The book fair is a big fundraiser - 60% of our sales go to buy books for the library and for the teachers, so come and support them!



Hours:

- **October 7-14 - 1:00 to 4:30 pm**
- **October 15 - 1:00 to 3:00 pm.**
- **Plus a special evening opening time on Wednesday, October 6 after the PTA meeting!**

Go your conference and then get a first look at the books! The Chinese book fair will also be held at this time. See the website for this year's book fair for more information:

<http://bookfairs.scholastic.com/bookfairs/cptoolkit/publish/meyerholz>

If you want to volunteer at the book fair you may sign up via this website or contact Brenda Chin: clearmoon@comcast.net

Walk/Bike To School Week

October 4-8, 2010... Meyerholz School will be participating in Walk and Bike to School Week during October 4-8. This year's theme is *Walk and Roll*. During the week, we encourage students, parents and school staff to walk, bike, or use alternative forms of transportation to get to and from school during this week.

By walking or biking between October 4-8, you will:

- Reinforce children's safety skills.
- Create and maintain safe places for children to walk within their neighborhood, especially trips to and from school.
- Identify specific steps people can take to make our community more pedestrian friendly.
- Promote the fact that children need regular physical activity to stay strong and healthy.
- Encourage families to have fun and spend time together simply by walking – the easiest way to stay healthy.
- Remind adults to drive safely in school zones by increasing the number of visible pedestrians or bicyclists.
- Decrease traffic congestion around schools and improve the air children breath.

Let's all work together to make our community a more child-friendly place to walk and ride. National Walk to School Day is Wednesday, October 6th.

CLIPCO Dining for Dollars Fundraiser, Tonight...

Come to the Aqwi Cal-Mex Restaurant in Cupertino on Sept. 30th from 4 to 9 PM and help raise money for CLIPCO. Invite friends, neighbors and co-workers, too! Mention "CLIPCO Fundraiser" when you place your order and Aqwi will donate **20%** of your food or drink purchase, dine in or take out, to CLIPCO. There will be a special "Meet and Greet" with principal and CLIP teachers beginning at 6PM. Aqwi is located at 10630 South De Anza Blvd. Please note : Aqwi has strong cautions for people with food allergies. All food at Aqwi is prepared on shared work surfaces. For more information, please consult their website at <http://www.aquicalmex.com/foodfacts/allergy.php>

Yearbook committee meeting - Saturday, Oct. 2, 10-11:15am at Panera Bread, 20807 Stevens Creek Blvd., Cupertino, CA 95014-2107. Those interested, please email Anita Yee at meyerholz_yearbook@gmail.com



DISTRICT NEWS SECTION

PUBLIC HEALTH DEPARTMENT UPDATE

The Cupertino Union School District has received information from the Santa Clara County Public Health Department regarding the current whooping cough (pertussis) epidemic in California.

There has been a dramatic increase in the number of cases of whooping cough (pertussis) in California this year. Whooping cough symptoms usually start out like the common cold with a runny nose or congestion, sneezing and possible mild cough or fever. After 1-2 weeks, there are bursts or attacks of severe coughing. These coughing fits are very dangerous to infants and small children and make it difficult to breath. During this epidemic, anyone with cough symptoms of greater than two weeks should contacts their health care provider.

Whooping cough is a vaccine-preventable disease. The best way to stop the epidemic is to get as many people vaccinated as possible. Additional information is available at www.sccphd.org/whoopingcough.

DIWALI FESTIVAL OF LIGHTS

Saturday October 9, 2010
10:00 a.m. to 6:00 p.m.
Memorial Park in Cupertino
Free Admission

Diwali is the a time of joyous celebration. The Cupertino Chamber of Commerce is presenting its 8th Annual Diwali festival of Lights, a multicultural family fun day, which will include Multicultural music, dance performances, Kids Zone, international food court, arts and craft booths, and much more.

In addition, there will be Coloring Contest for kids grades K-8 starting at 10:00 a.m. This contest features three different age categories (grades K-2, 3-5, and 6-8) and great prizes!!!! The artwork will be provided to each participant on the day of the contest.

Free parking will be available at DE Anza College (lots A, B & C). Additional information is available at www.cupertino-chamber.org.

LEAGUE OF WOMEN VOTERS FUHSD CANDIDATES FORUM

Parents and community members are invited to a League of Women Voters (LWV) sponsored Candidates Forum on Wednesday, October 6, from 7 to 9 pm at the Fremont Union High School District Office. Three seats on the five-member Fremont Union High School District Board of Trustees are up for election on November 2, 2010. All candidates will be at the forum to answer questions. Those in the audience can submit questions for candidates via the LWV moderator.